# McHale's Bar & Trevelyan's

# Sunday Lunch Menu

## **Starters**

Cream of Vegetable Soup €6 (C,D, & GF Without Croutons)

Fresh homemade soup served with a crispy white roll

Fresh Atlantic Seafood Chowder €8 (C,CR,D,F,G)

Served with homemade brown bread

Chicken & Mushroom Vol-au-Vent €8 (D,G,S)

Served with a dressed side salad

**Golden Crumbed Garlic Mushrooms €7** (D.E.G)

Fresh Irish button mushrooms, golden fried, served with garlic mayonnaise & dressed side salad

**Oak Smoked Salmon Salad €9** (F, & GF Without Brown Bread)

Served with lemon wedge, capers & homemade brown bread

Hot and Spicy Chicken Wings €7 (D,GF,M,N,SY)

Served with a Blue cheese dip

Golden Crumbed St. Kevin's Brie €8 (D,E,G)

Served with a side salad and Cumberland sauce

### **Mains**

Prime 10oz Sirloin Steak (allow 20-25 mins for well done) €26 (D,GF,S)

Locally sourced sirloin steak cooked to your liking, Served with a salad garnish, sauté mushrooms & onions, With a choice of pepper sauce or garlic butter

Honey Roast Half Duckling (allow 20 mins) €19 (GF Without Stuffing, SY)

Served with apricot stuffing & a red currant jus

Baked Fillet of Salmon (allow 15 mins) €18 (D,F,GF)

Served with a sundried tomato sauce

Roast Leg of Lamb €16 (D,& GF Without Stuffing, SY)

Served with herb stuffing and roast gravy

**Prime Roast Irish Beef €15** (GF without Yorkshire pudding, SY)

Served with Yorkshire pudding & roast gravy

**Roast Stuffed Turkey & Ham €15** (D,& GF Without Stuffing, SY)

Served with herb stuffing & roast gravy

**House Style Chicken Curry €14** (C,D,G,N)

Served with saffron rice

1/4 **Pounder €14** (D,E,G)

Served in a toasted bap with lettuce, tomato, red onion & onion rings with a marie rose sauce

**Creamy Penne Pasta Carbonara €14** (D,E,G)

Served with garlic bread & grated parmesan

Cajun Vegetable Pasta (V) €14 (C,D,E,G,N)

Served with garlic bread & grated parmesan

All our beef is of Irish origin

### Dessert €6.50

Raheen Apple Pie served with custard (D,E,G)

Cheesecake of the Day served with fresh cream (D,N,G,SY)

Warm Rhubarb & Strawberry Crumble with custard (D,E,G)

**Chocolate & Coconut Tart with vanilla ice cream (GF,SY,N)** 

Eton Mess made from crushed meringue, fruit compote and cream (E,GF)

Profiteroles with fresh cream & warm chocolate sauce (D,G,E,N)

Salted Caramel Roulade with vanilla ice cream (E,GF,D,N)

**Selection of Ice creams (D,GF)** 

Jelly & Ice Cream (D,GF)

Allergens

**P-Peanuts** 

E-Eggs

C-Celery G-Gluten

F-Fish GF-Gluten Free D-Dairy S-Sulphur Dioxide

SS-Sesame Seeds M-Mustard Ms-Molluscs

N-Nuts SY-Soya Sauce

L-Lupin CR-Crustaceans

Please note we do not split bills



RAHEEN WOODS HOTEL

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