

McHales Bar & Grill

Lunch Menu Available Mon - Sat 12.30pm to 6pm

MAINS

STARTERS

Chef's Soup of the Day €6.00 (C,D,GF)

Fresh homemade soup of the day served with a crispy white roll or homemade brown bread

Fresh Atlantic Seafood Chowder €8 (C,CR,D,F,G)

Award winning seafood chowder with homemade brown bread

Irish Oak Smoked Salmon Open Sandwich €9

Oak smoked west coast salmon with seasonal salad, lemon wedge & capers. Served on homemade Guinness bread

Chicken Caesar Salad €9 Main Course €13 (D,G,C)

Tender pieces of chicken served with seasonal salad, crunchy croutons, bacon lardons in a creamy Caesar dressing topped with parmesan cheese

Crispy Chicken Goujons €7 Mains with chips €13 (G,C)

Golden fried chicken strips served with tangy bbq sauce

BBQ Chicken Wings €7.00 (C,D,G,F)

Mains with chunky chips €13 Served with blue cheese dip

Woodland Bites €7 Mains with chips €13 (D,E,G)

Fresh golden crumbed mushrooms served with a seasonal salad & garlic mayonnaise

St Kevin's Brie Wedges €8 (D,E,G,S)

Mains with chips €13

Golden crumbed brie wedges served with a seasonal salad accompanied with a Cumberland sauce.

SANDWICHES

All sandwiches contain gluten

Choose from one meat option and one filling from the following options on brown or white bread:

Meat: Ham/Tuna (F)/Cajun Chicken/Plain Chicken

Filling: Cheese/Onion/Salad

Extra filling are 0.50 cents

Plain accompanied with crisps €6 Toasted €7

RWH Toasted Special: Ham, Cheese, Tomato Onion

€7.50 (G,D)

Chicken Caesar Wrap with fries & salad garnish €9 (G,D,F)

Classic BLT Wrap or Sandwich with fries & salad €9 (G,D)

Panini with Fries & Salad Garnish €9.00

All made fresh each morning.

Ham, Cheese, Pineapple & Red Onion (G,D)

Cajun Chicken, Cheese & Tomato Relish (G,D)

Goats Cheese, Sundried Tomato & Pesto (v) (G,D,N)

All our Beef is of Irish Origin

Please Note That We Do Not Split Bills

McHale's 10oz Sirloin Steak (15mins) €26 (D,GF,S)

Locally sourced sirloin steak cooked to your liking, served with sautéed mushroom, onions & fries.

Choice of pepper sauce or garlic butter

McHale's Steak Sandwich €13.00 (G)

Served with mushrooms, sautéed onions & fries

Cajun Chicken Fillet Burger €14.00 (G,C)

Butterfly marinated breast of cajun spiced chicken on a toasted bap with tomato relish. Served with chips & salad

McHale's Homemade Quarter Pounder €14 (E,G,D)

100% Irish Beef Burger on a lightly toasted burger bun with mixed salad accompanied by French fries & coleslaw



CHILDREN'S MENU

Half Soup of the Day €3

(C,D,GF)

Half Roast of the Day €8 (G,F)

Pasta Bolognese €7

(C,E,G)

Chicken Goujons & Chips €7 (G)

Sausages & Chips €7

(G)

Fish Fingers & Chips €7 (G)

Kid's Burger & Chips €7

(G,SY)

Tomato & Basil Penne Pasta €7

(G)

Mash & Veg Plate €7

(G,F)

Garlic Bread €2

Kids Ice Cream €2.50

Kids Jelly & Ice Cream €2.50

Jug of Miwadi €1.50

Glass/Pint of Miwadi €1.00

DESSERTS €6.50 EACH

Homemade Apple Pie with custard (D,E,G)

Homemade Whiskey Infused Bread & Butter Pudding

with cream & custard (D,E,G,S)

RWH Cheesecake with fresh cream (D,G,SY)

Warm Chocolate Fudge Cake with mint ice cream

(D,SY,G,E,N)

Warm Rhubarb & Strawberry Crumble with custard

(G,D,N)

Jelly & Ice Cream (D)

Fresh Fruit Salad (c) (v)

Selection of Ice Creams (D)



RAHEEN WOODS HOTEL

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