

McHales Bar
Sample Lunch Menu

-Starters-

Cream of Leek & Potato Soup €4.95

Served with a Crispy White Roll & Brown Bread

Atlantic Seafood Chowder €6.95

Served with a Crispy White Roll & Brown Bread

Golden Fried Mushrooms €6.95

Served with a Salad Garnish & Garlic Mayonnaise

Smoked Salmon Salad €7.95

Served with a Dressed Side Salad, Capers & Lemon Wedges

Chicken Caesar Salad €7.95

Served with Bacon Lardons & a Classic Caesar Dressing

-Main Courses-

Roast of the Day: Turkey & Ham €10.95

Served with Mashed Potato, Fresh Market Vegetables & Roast Gravy

Today's Special: Beef Stroganoff €9.95

Served with Saffron Rice

Homemade Steak Burger €10.95

Served with Chips, Side Salad, Sautéed Onions and Mushrooms & a Creamy Pepper Sauce

Baked Salmon €12.95

Served with Mashed Potato, Fresh Market Vegetables & a Mushroom Sauce

Cajun Chicken Pasta €10.95

Chicken & Roasted Mediterranean Vegetables in a Spicy Cajun Cream Sauce & Served with Garlic Bread

Vegetarian Quiche €9.95 -V-

Feta Cheese, Spinach & Sundried Tomato Quiche – Served with Chips & Fresh Side Salad

10 oz Sirloin Steak (allow 15 Mins) €18.75

Prime Irish Steak, Cooked to Order & Served with Sautéed Onions, Mushrooms, Salad & Fries

Chicken Caesar Wrap €8.75

Grilled Chicken Breast with Crispy Cos Lettuce folded in Classic Caesar Dressing

Classic BLT Wrap €8.75

Crispy Bacon, Lettuce, Tomato & Mayonnaise Wrap

-Sandwich Menu-

Sandwiches

Plain/Toasted

Ham

€4.95/€5.50

Cheese

€4.95/€5.50

Cajun Chicken

€4.95/€5.50

Ham & Cheese

€4.95/€5.50

Open Smoked Salmon

€7.95

Raheen Woods Toasted Special

€5.50

Pannini

€6.95

Ham, Cheese, Pineapple & Red Onion - Cajun Chicken, Cheese & Tomato Relish - Goats Cheese, Sundried Tomato & Pesto

*** All our Meat, Fish & Poultry is 100% Irish Sourced***

Mi-Wadi Jug/Pint..... €1.50/50c

-Dessert Selection €4.95-

Warm Apple Pie – Served with Freshly Whipped Cream

Strawberry Cheesecake – Served with Freshly Whipped Cream

Death by Chocolate – Served with Vanilla Ice Cream

Banoffi Pie – Served with Freshly Whipped Cream

Selection of Luxury Ice Creams

Thought of the Day
Jealousy is the
only vice that
gives no
pleasure